JUNIOR PLANNING
Class of 2021
Counselors

- A-DOM: Christy Brown
- DON-KON: Jerrah Smith
- KOO-RAMJ: Laura Gradiska (Sub)/Blanca Arreguin
- RAMK-Z: Jerilyn Padua Reyes
- Intervention Counselor: Karly Wardwell
Agenda

- Post High School Options
- Choosing the best options for you
- Next steps
- What you can start doing now
- Advice from current seniors
Post High School Options

- Workforce
- 4 Year College
- Military
- Community College AA Degree or Transfer Program
- Gap Year
- Trade School
Choosing your Major/Career Path

What are your career goals?

- Select a major
  - Xello.world
  - Cappex.com

- Career exploration
  - Xello.world
    - Username: PUSD-student id # (make sure you have PUSD and the dash)
    - Password: 8 digit birthday (MMDDYYYY)
  - CaliforniaColleges.edu
    - Consider estimated family contribution (EFC)
  - Do career/college searches
    - Collegeboard.com
## Pathways to a Bachelor’s Degree

### 4-Year vs. 2-Year

<table>
<thead>
<tr>
<th>4-Year University</th>
<th>2-Year College</th>
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<tbody>
<tr>
<td>UC, CSU, Out of State, Private</td>
<td>Miramar, Palomar, etc</td>
</tr>
<tr>
<td>● General Education</td>
<td>● Major Preparation</td>
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<td>● Major Requirements</td>
<td>● Requirements for University Admission</td>
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<tr>
<td>● Graduation Requirements</td>
<td>● Associates Degree</td>
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Community Colleges

Transfer Pathways to UC/CSU
Promise Programs

San Diego Promise

Interested in attending college tuition free?
The California Promise and the San Diego Promise are making the first two years of community college free for first-time, full-time students. Take the small steps and save money by attending City, Mesa, or Miramar College after high school.

Palomar Promise

The Palomar Promise
Free Access to College!
The Palomar Promise is designed to provide first-time college students with access to an affordable higher education and to increase college-going and completion rates in our North San Diego County service area. Students receiving Promise funding will be required to participate in the First-Year Experience (FYE) – Palomar Promise program. The First-Year Experience (FYE) program is a one-year transition program that is aimed at assisting students as they begin their journey at Palomar College. The FYE program provides academic support services that complement the financial support offered through Palomar Promise.
A-G Requirements

History
2 Years required

English
4 Years required

Mathematics
3 Years required
4 Years recommended

Laboratory Science
2 Years required
3 Years recommended

Foreign Language
2 Years required
3 Years recommended

Visual and Performance Art
1 Year required

College Prep Elective
1 Years required
Going to college - Now what?

Research! Research! Research!

- Identify priorities
  - Location, class size, areas of study, etc.
  - Social environment, housing, dining, extracurriculars, athletics
  - Admission chances
    - GPA/test scores
  - Majors - Look deeper into the specific major & classes
  - Financial Aid & Scholarship opportunities
  - Internship & Job placement assistance
  - Graduation rate
Create your college list

Three levels within your list:

**Likely** - GPA and Test Scores are ABOVE the average 50% of freshman

**Target** - GPA and Test Scores are on TARGET with the average 50% of freshman

**Reach** - GPA and Test Scores are BELOW the average 50% of freshman

To increase your chances of admissions, be sure your list includes prospective colleges within the likely and target levels.
Narrow down your college list

College Reps visits at Poway High

Local college fairs (PUSD - Fall, Convention Center - Spring)

Visit colleges when possible (family vacations, breaks from school)

Do the majority of your research BEFORE your senior year!
College Application Costs

- Applications: ~ $50-$100
  - Multiplied by 6-8 colleges: ~$300-$800
- ACT: $68 with essay
  - $13 per score report
- SAT: $64.50 with essay
  - $12 per score report
- AP Tests: ~$100 per test
- Community College Application: free

- Financial Aid- FAFSA/Dream Act
Scholarship Information

Financial Aid and Scholarships

Financial Aid and Scholarship Resources
- Scholarship Deadline Log
- Scholarships Awarded Form - TBA
- Financial Aid Presentation
- Free Application for Federal Student Aid (FAFSA)
- Filling out the FAFSA: Step-by-Step Instructions and Tips
- Simple Tuition - Plan/Pay Less/Pay Back

California Association of Collectors Educational Scholarship Foundation
www.fastweb.com

Scholarship opportunity for Juniors and Seniors
Customized database of private-sector

Titan Center College/Career
- College and Career Resources
- College Visits at PHS
- College Visits Calendar
- College Application Process
- PowerPoint
- College Admissions A-G Updates [pdf]
- Common Application Tutorial
Choosing between the SAT and the ACT

- Most colleges accept both tests
- Test content and style are similar
- Take a timed, full-length practice test of each
  - Khan Academy free test prep
- If you receive free or reduced lunch, you are eligible for a fee waiver
  - Talk to your counselor
SAT vs. ACT Testing

**SAT**
- **Sections:**
  - Reading
  - Writing
  - Math
  - Essay (optional)
- **Calculator not allowed on some math questions**
- **5 reading passages**
  - 17% vocabulary (reading questions)
  - 7% vocabulary (writing questions)
- **Length:**
  - 3 hours without essay
  - 3 hours, 50 minutes with essay

**ACT**
- **Sections:**
  - English
  - Math
  - Reading
  - Science
  - Essay (optional)
- **Calculator allowed on all math questions**
- **4 reading passages**
  - 8% vocabulary (reading section)
  - 3% vocabulary (english/writing section)
- **Length:**
  - 2 hours, 55 minutes without essay
  - 3 hours, 40 minutes with essay
Registering for the SAT and ACT

SAT Registration: collegeboard.org
○ March 14, 2020 (deadline: February 14)
○ May 2, 2020 (deadline: April 3)
○ June 6, 2020 (deadline: May 8)
*Regular SAT or SAT Subject Tests can only be taken in one sitting

ACT Registration: ACT.org
○ April 4, 2020 (deadline: February 28)
○ June 13, 2020 (deadline: May 8)
○ July 18, 2020 (deadline: June 19)
Extracurricular Activities

It’s not too late to get involved!

Pursue something that really interests you.

Find activities/clubs/internships/job shadow that align with potential career interests.

Remember colleges aren’t impressed with students who participate in lots of random clubs/activities. They prefer commitment to one or two specific activities.
Junior Year Timeline

February-May:
- Visit colleges during breaks
- Athletes-register with NCAA clearinghouse
- AP Testing
- Research colleges!

Spring:
- Review transcript
- Plan classes for retake
- Update resume
- Research career pathways
- Decide on plans after high school
- Research colleges!
Private College Decision Plans

*When applying Early Action or Early Decision your application may not be rolled into the Regular Decision*

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**DEFINITIONS OF ADMISSION OPTIONS IN HIGHER EDUCATION**

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<th>STUDENTS: WHICH COLLEGE ADMISSION PROCESS BEST SUITS YOU?</th>
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<td><strong>Regular Decision</strong></td>
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<td><strong>Definition:</strong> Students submit an application by a specified date and receive a decision in a clearly stated period of time.</td>
</tr>
<tr>
<td><strong>Commitment:</strong> Non-Binding</td>
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</table>

| **Rolling Admission**                                    |
| **Definition:** Institutions review applications as they are submitted and render admission decisions throughout the admission cycle. |
| **Commitment:** Non-Binding                              |

| **Early Action (EA)**                                    |
| **Definition:** Students apply early and receive a decision well in advance of the institution’s regular response date. |
| **Commitment:** Non-Binding                              |

| **Early Decision (ED)**                                  |
| **Definition:** Students make a commitment to a first-choice institution where, if admitted, they definitely will enroll and withdraw all other applications. The application deadline and decision deadline occur early. |
| **Commitment:** Binding                                  |

| **Restrictive Early Action (REA)**                        |
| **Definition:** Students apply to an institution of preference and receive a decision early. They may be restricted from applying ED or EA or REA to other institutions. If offered enrollment, they have until May 1 to confirm. |
| **Commitment:** Non-Binding                              |

Students are not restricted from applying to other institutions and have until May 1 to consider their options and confirm enrollment.

For a copy of this flyer, please visit www.nacacnet.org
Remember to relax and enjoy high school!
What do you think is most important about Junior year?

Establish a good relationship with your teachers. They are the ones that will be giving you a recommendation and you want them to know who you are on a personal level, not just the kid that came into class and sat quietly.

Do not procrastinate! You must learn to manage your time, as this skill will become necessary especially going on to college. You have to keep up with your work and try hard to keep your GPA up!

Setting small, achievable goals for yourself. Junior year is full of challenges and stressful situations. Something that helped me was to create a goal chart. Make a list of things you want to get done.

Take rigorous courses that you can perform well in. Your GPA and test scores are crucial to giving you more options for college.
How did you decide which colleges to apply to?

I looked at which schools had the best programs for my major, but what I learned was even more important was that you need to visit campuses and see where you could feel at home for the next 4 years.

$$$$$ For me it was which college gave me the most financial aid $$$$$

I am going to Miramar. Nothing wrong with that. You will go to college and get the same degree.

Go visit the college! Their online pictures don’t always match with their vibe.
Is there anything you wish you would have done differently to prepare for senior year?

I would have taken more challenging classes than I did.

I wish I started the college app process sooner so I didn’t stress about finishing it.

I wish I focused more in sophomore and junior year to have a better GPA in order to receive more scholarships.

I would have taken the SAT and ACT over more times.
Thank you!

Any questions?

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