MCHS Peer Counseling

Who we are...

MCHS Peer Counselors are a diverse group of compassionate listeners who are inclusive, approachable ambassadors for The Sundevil Way.

We commit to values of empathy, kindness and respect for all.

We commit to a high standard of ethics and a rigorous course of training in: communication skills, healthy relationships, active listening, conflict resolution, recognizing bias and stress management.

What we do...

- Volunteer for School and Community Events
- New Student Orientation and Mentoring
- Academic Tutoring – Family Learning Center at Los Pen ES
- Classroom Outreach – Stress Management
- Classroom Outreach – Mental Health Awareness
- Mix it up at Lunch
- Great Kindness Challenge
- One-on-One Peer Listening for students in need of support.
- Partner with other campus organizations for special projects (Link Crew, GSA, No Place for Hate, Friendship Club)

Our Mission...

To help all Sundevil students, families and staff know:

#YouMatter

Follow us on Instagram @mchspeercounseling or visit us in Room D18

MCHS Peer Counseling

Who we are...

MCHS Peer Counselors are a diverse group of compassionate listeners who are inclusive, approachable ambassadors for The Sundevil Way.

We commit to values of empathy, kindness and respect for all.

We commit to a high standard of ethics and a rigorous course of training in: communication skills, healthy relationships, active listening, conflict resolution, recognizing bias and stress management.

What we do...

- Volunteer for School and Community Events
- New Student Orientation and Mentoring
- Academic Tutoring – Family Learning Center at Los Pen ES
- Classroom Outreach – Stress Management
- Classroom Outreach – Mental Health Awareness
- Mix it up at Lunch
- Great Kindness Challenge
- One-on-One Peer Listening for students in need of support.
- Partner with other campus organizations for special projects (Link Crew, GSA, No Place for Hate, Friendship Club)

Our Mission...

To help all Sundevil students, families and staff know:

#YouMatter

Follow us on Instagram @mchspeercounseling or visit us in Room D18