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SUPERINTENDENT  
Dr. Marian Kim-Phelps, Ed.D.

## POWAY UNIFIED SCHOOL DISTRICT

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Dear Parent or Guardian,

It is time for Poway Unified School District to administer the California Healthy Kids Survey to PUSD 5<sup>th</sup> Grade students. California Department of Education requires this survey to be administered every two years. The survey is an important tool to gather information on developmental supports and barriers to learning. Additionally, it is used to help evaluate and improve the school environment, student achievement, school safety and health related concerns, such as the trends of alcohol, tobacco, and other drug use among our students.

Over the past decade, research studies and reviews have consistently concluded that student health status and achievement “are inextricably intertwined.” Incorporating health and prevention programs into school improvement efforts produces positive achievement gains. The determining factor for securing funding for some of these programs is directly tied to the results of this survey. The results of this survey are also utilized by the sites in applying for recognition as a **California Distinguished School**.

Participation in the survey is voluntary on the part of the student, and we hope you will give permission so that your student's opinion and knowledge can be part of the information gleaned from the survey.

The survey is anonymous. No names or any other identifying information is connected to the answers except for the name of the school.

To give permission for your student to participate, please review the following page, sign and return it to your student's school.

If you have questions, or you wish to preview the survey, please contact Cindy Hicks, Prevention Specialist at 858-521-2830

Sincerely,

A handwritten signature in blue ink, appearing to read "Marian Kim-Phelps", with a long horizontal flourish extending to the right.

Marian Kim-Phelps, Ed.D.  
Superintendent

**CONSENT FOR THE CALIFORNIA HEALTHY KIDS SURVEY  
2018-19 SCHOOL YEAR  
ELEMENTARY SCHOOL**

Dear Parent or Guardian:

Your child is being asked to be a part of our school's California Healthy Kids Survey (CHKS), sponsored by the California Department of Education. This is a very important survey that will help promote better health and well-being among our youth, improve the school learning environment, and combat problems such as drug abuse and violence. *Your child does not have to take the survey. Participation is voluntary and requires your permission.*

**Survey Content.** The survey gathers information on developmental supports provided to youth; school connectedness and barriers to learning, as well as behaviors such as physical activity and nutritional habits; alcohol, tobacco and other drug use; and school safety.

You may examine the questionnaire at the district office by contacting Cindy Hicks at 858-521-2830.

The results from this survey are compiled into district and county-level CHKS Reports. To view a copy of your district's report, go to <http://chks.wested.org/reports/search> (Outside Source) and type in the district name.

**It is Voluntary.** Students who, with your permission, agree to participate do not have to answer any questions they do not want to answer, and may stop taking the survey at any time.

**It is Anonymous.** No names are recorded or attached to the survey forms or data. The results will be made available for analysis only under strict confidentiality controls.

**Administration.** The survey will be administered in Fall 2018. It will take about one class period to complete (about 50 minutes) and will be administered in your child's regular fifth grade class.

**Potential Risks.** There are no known risks of physical harm to your child. Risks of psychological or social harm are very small. None have been reported in 18 years of survey administration. In rare instances, some discomfort might be experienced from the questions. The school's counseling services will be available to answer any personal questions that may materialize.

**For Further Information.** The survey was developed by WestEd, a public, non-profit educational institution. If you have any questions about this survey, or about your rights, call Cindy Hicks at 858-521-2830.

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**Parent Consent Form for the California Healthy Kids Survey**

Please check below whether you grant permission, sign, and return this form within three days to the teacher who distributed it.

I **give permission** for my child to be in the California Healthy Kids Survey.

I **do not give permission** for my child to be in the California Healthy Kids Survey.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

My child's name is: \_\_\_\_\_

(Please Print)

**THANK YOU FOR COMPLETING AND RETURNING THIS CONSENT FORM.**