



Poway Unified School District
15250 Avenue of Science, San Diego CA 92128

Health Services Health Information

Your student's health influences his/her performance in school. You can assist the school in maintaining healthy and safe conditions for your student by cooperating with the following:

- 1. EMERGENCY INFORMATION** – Assures up-to-date emergency information/contacts are on file at school. **This includes parents' home, work, and cell phone numbers!** Emergency contacts may be called when parents are unavailable. Provide your school with:
 - (a) Names and phone numbers of neighbors/friends, with available transportation, to call in case you cannot be reached.
 - (b) Current health concerns for your student (i.e., asthma, any allergies, diabetes, epilepsy, etc.). This information will be shared with staff that has a need to know.
- 2. FIRST AID** – In case of an injury at school, staff will provide first aid care only. Your student will then be referred to you. However, if your student's health is considered "at-risk", paramedics will be called. Parents are responsible for any cost incurred.
- 3. NON-SCHOOL INJURIES** – Please notify the school health office of any serious injuries that occur outside the school day. School staff is not permitted to provide care for injuries that have occurred away from school. This includes the changing of bandages or similar services.
- 4. SPECIALIZED HEALTH CARE PROCEDURES** – Students who require specific health procedures in order to attend school must have written instructions with parent and physician approval. See the Health Technician for appropriate forms.
- 5. COMMUNICABLE DISEASES** – When your student has any symptoms of a communicable disease, please keep him/her at home and consult with your health care provider. Please call the Health Technician when your student has a confirmed communicable disease (i.e., strep throat, chicken pox, measles, MRSA etc.) or serious illness. Obtain a note from your health care provider verifying the diagnosis, treatment plan, and date your student may return to school and give to the Health Technician.

PUSD has a "No Nit" policy for head lice. Following examination by the Health Technician students are readmitted to school only when hair is clear of all visible nits. Parents should stay or be with their student during this exam to provide transportation home if needed.

- 6. MEDICATION** – Before any medication (prescribed or over-the-counter) can be given during school hours, an Authorization for Medication Administration form H-26 (available on PUSD Health Services website or at school) must be **signed by the physician and parent/guardian.** **EXCEPTION:** For the preschool/elementary age student, **Sunscreen and Throat Lozenges/Cough Drops** may be administered with parent authorization only by completing and signing the top portion of the H-26 form. A physician signature is not required. **No authorization is required for Middle or High School students.**

Students are not allowed to carry medications during the school day without written approval. Authorization to Carry Medication While at School form H-26B (available on PUSD Health Services website or at school) must be **signed by physician, parent/guardian, and student.**

- **Please contact the Health Technician if you have any questions. Your school welcomes communication between home and school for the health of your student.**